

HAPPY 4TH OF JULY!!!

News & Events

We are close, but still need 70 more volunteers for the 5k Walk/Run on Saturday, July 30.

Thank you to those who have already signed up! You will receive your information packet in the mail two weeks before the event. Anyone who is interested, simply email myself and Mayra what shift you would like. You do not need to go to the website we will add your name to the online registration. All we need is your name and what shift. Shift 1- set up, Shift 2—registration, Shift 3— course volunteers and Shift 4— clean up. Most with a 5:30am start time. **All volunteers will receive an event t-shirt.**

New opportunity—5K Walk/Run Pre-Event Set Up, Friday, July 29 from 2pm-5pm.

Pre-event set-up, such as loading & unloading assistance. Setting up tents, tables, chairs. Assisting vendors if needed as they arrive to set up their booths.

All Comic Con volunteers will be awarded a Captain America shirt!

Again thank you to those who are signed up! We still have openings on all four days.



The drive will be held at the Manchester Grand Hyatt on Thursday, July 21, Friday, July 22, Saturday, July 23 9am-6pm and Sunday, July 24 10am-3:30pm. Shifts for Thurs. - Sat. will be 9-2pm & 1:30-6:30pm, Sun. will have 1 shift, 10am-3:30pm. Please let Mayra know what day or days and shift time you would like to sign up for. Please contact her at 619-400-8214 or mhernandez@sandiegobloodbank.org.

Please see back page for more opportunities!

Canteen Host Opportunities—July 2016

GATEWAY DONOR CENTER

3636 Gateway Center Ave., Ste 100, San Diego, 92102
619-296-6393

Mondays8-12pm
 Tuesday 7/5 & 7/192-6:30pm
 Wednesdays12-4:30pm
 Thursdays8am-12pm
 Thursday 7/14 & 7/2812-4:30pm
 Saturdays8-12pm
 Saturday 7/3012-4:30pm
 Sundays8am-12pm
 Sunday 7/3, 7/10, 7/17 & 7/2412-4:30pm

CARMEL VALLEY DONOR CENTER

3880 Valley Centre Dr, Ste 209/210, San Diego 92130
858-847-7300

Mondays 10am-2pm
 Tuesdays 12-4pm
 Fridays 10am-2pm
 Sundays 10am-2pm

COASTAL DONOR CENTER

NEW ADDRESS: 1910 Via Centre Drive, Vista, 92081
760-945-1906

Mondays8am-12pm or 12-4:30pm
 Wednesdays2-6:30pm
 Saturdays8am-12pm or 12-4:30pm

SABRE SPRINGS DONOR CENTER

12640 Sabre Springs Parkway, Ste 109, San Diego,
92128
858-668-0835

Tuesdays 10-2pm or 2-6pm
 Wednesdays 10-2pm or 2-6 pm
 Thursdays 10-2pm or 2-6pm
 Fridays 12-4pm
 Saturdays 10am-2pm

Happy Birthday!

We love to acknowledge everyone. Please let us know if we missed your birthday.

7/02 – David Clinard

Evelyn Nunez

7/03 – Cesar Zapata

7/04 – Jim Walker

7/06 – Naomi Bar-Lev

7/09 – Anna Frisch

7/12 – Veronica Chavez-Lopez

7/13 – Larry Williams

7/14 – Vanessa Hilario

7/16 – Yen Tran

7/17 – Jocksan Estrada

7/18 – Beverly Lintvedt

7/22 – Jerry Ray

7/23 – Darrell Reynolds

7/24 – Leona Landskron

7/25 – Bill J. Cox

7/27 – Eleanor Capiral

Welcome!

Please help us welcome our newest volunteers:

Dana Jones

Pete Vega

Jennie Sheild

Jerry DeLeon

Maria Vega

Kim Finch

Alex Barker

Singing Your Praises

The SDBB staff members believe that all of you, our valued volunteers, are exceptional people and appreciate everyone who volunteered last month. Please read the following notes of praise that we received about you from some of our team leads, charge nurses, donors and staff.

From Team Lead at O's American Kitchen: Thank you to our volunteer Barb S.

From Team Lead at Cubic Corporation: Thank you to our volunteer John D.!

From Team Lead at San Diego Gas and Electric: Thank you Marilyn G. and Rick K. your help is much appreciated.

From Team Lead at Starbucks Coffee: Thank you Sabrina N. for being our volunteer today!

From Team Lead at UC San Diego: Thank you James W. for all your help!

From Team Lead at USS Midway Museum: Thank you Mae G. for all your hard work!

From Team Lead at Kearny High School: Thank you Mae G. for being such awesome help!

From donor at Gateway Donor Center: Look forward to donating and seeing the gentleman that volunteers in the recovery area, he is very pleasant and helpful.

From donor at Gateway Donor Center: The volunteers are very sweet.

From donor at Gateway Donor Center: John L. is always very pleasant.

From donor at Gateway Donor Center: Volunteer Don and Mary are always so friendly and treat you like family.

From donor at Gateway Donor Center: Thom is a really nice guy.

From donor at Gateway Donor Center: Don and Mary Wilkins in the canteen Saturdays are really nice, I look forward to seeing them when I come in to donate.

From donor at ECDC: To all the volunteers, thanks for your service.

From donor at ECDC: Beverly is very knowledgeable and friendly.

From donor at ECDC: Bob is always such a kind soul.

From donor at NCDC: Sandy does a wonderful work.

From donor at NCDC: I think all volunteers do a great job and deserve recognition.

From Team Lead at GEICO: Thank you Mae for volunteering.

From Team Lead at The Rock Church: Thank you Mae and Walter for volunteering, your help is much appreciated by all.

From Team Lead at Clairemont High School: Thank you Bill for being our volunteer today.

From Team Lead at Jack in the Box: Thank you John D. for helping us at this drive.

From Team Lead at Event Network: Thank you Mae! Great Job!

From donor at bloodmobile: John D. is very efficient and gets us started on the paperwork right away. He is very pleasant and makes the process just that much more enjoyable.

From Team Lead at Buffini and Company: Thank you Kim! You were a great help :)

Bloodmobile Greeter Schedule—July 2016

The average time for blood drives is approximately five to six hours. To ensure that your time is respected, an optional time commitment is available: **four hour shift minimum**. Please indicate if you would like a four hour shift when signing up for blood drives. The “**Procedures**” number listed following the blood drive time corresponds to the donor projection for that particular drive. Please note, the blood drive schedule is subject to change. **If you have already signed up for a drive in July it will not be listed on the mobile list.**

If you would like to sign up for a blood drive, please contact Leslie Eagan at leagan@bloodbank.org.

<p>Cardiff</p> <p>Saturday, July 30, 2016 VG. Donut & Bakery 106 Aberdeen Dr., Cardiff, 92007 Parked off Aberdeen Drive 7:30 am to 12:30 pm Procedures: 24</p> <p>Carlsbad</p> <p>Tuesday, July 19, 2016 Callaway Golf 2180 Rutherford Road, Carls- bad, 92008 HQ Parking Lot - Eastside 10:00 am to 3:30 pm Procedures: 25</p> <p>Clairemont</p> <p>Saturday, July 9, 2016 Starbucks Coffee 4227 Genesee Avenue, Clairemont, 92117 Parking lot 8:00 am to 1:30 pm Procedures: 36</p> <p>Downtown San Diego</p> <p>Wednesday, July 27, 2016 Civic Center Plaza 1200 Third Ave, Downtown San Diego, 92101 Parked On Third Avenue 9:30 am to 3:00 pm Procedures: 25</p>	<p>Encinitas</p> <p>Saturday, July 2, 2016 Magdalena Ecke Family YMCA 200 Saxony Rd., Encinitas, 92024 Parking lot 9:00 am to 2:00 pm Procedures: 22</p> <p>Wednesday, July 6, 2016 Olivenhain Water District 1966 Olivenhain Road, Encinitas, 92024 Parking Lot 9:00 am to 2:00 pm Procedures: 24</p> <p>Tuesday, July 19, 2016 Magdalena Ecke Family YMCA 200 Saxony Rd., Encinitas, 92024 Parking lot 1:00 pm to 6:30 pm Procedures: 24</p> <p>Wednesday, July 27, 2016 Saint John's Catholic Church 1001 Encinitas Blvd., Encinitas, 92024 Parking Lot 1:30 pm to 6:30 pm Procedures: 25</p> <p>Thursday, July 28, 2016 Saint John's Catholic Church 1001 Encinitas Blvd., Encinitas, 92024 Parking Lot 1:30 pm to 6:30 pm</p>	<p>Procedures: 25</p> <p>Friday, July 29, 2016 Saint John's Catholic Church 1001 Encinitas Blvd., Encinitas, 92024 Saint John's Catholic Church Parking Lot 1:30 pm to 6:30 pm Procedures: 25</p> <p>Kearny Mesa</p> <p>Wednesday, July 20, 2016 Cubic Corporation 9333 Balboa Ave, Kearny Mesa, 92123 Parking Lot 8:00 am to 1:30 pm Procedures: 30</p> <p>Tuesday, July 26, 2016 Raytheon Integrated Defense Systems 8680 Balboa Avenue, Kearny Mesa, 92123 Parking Lot 9:00 am to 2:30 pm Procedures: 18</p> <p>Rady Children's Hospital 3020 Children's Way, Kearny Mesa, 92123 Rady Children's Hospital - Parked by Main Entrance near McDonald's 9:00 am to 2:30 pm Procedures: 24</p> <p>Wednesday, July 27, 2016</p>
---	--	---

San Diego Gas & Electric
Company
8326 Century Park Ct.,
Kearney Mesa, 92123
Building #6 Seminar Rooms
9:00 am to 2:30 pm
Procedures: 36

Thursday, July 28, 2016

Jack In The Box, Inc.
9330 Balboa Ave., Kearny
Mesa, 92123
Parking Lot
9:00 am to 2:30 pm
Procedures: 24

La Mesa

Saturday, July 30, 2016

Monroe Property
9158 Fletcher Parkway, La
Mesa, 91942
Parking Lot
11:00 am to 4:30 pm
Procedures: 25

Lake Elsinore

Friday, July 1, 2016

Outlets of Lake Elsinore
17600 Collier Ave, Lake
Elsinore, 92530
Inside Mall - Room 154A
11:00 am to 4:00 pm
Procedures: 15

Saturday, July 2, 2016

Outlets of Lake Elsinore
17600 Collier Ave, Lake Elsi-
nore, 92530
Inside Mall - Room 154A
11:00 am to 4:00 pm
Procedures: 18

Sunday, July 3, 2016

Outlets of Lake Elsinore
17600 Collier Ave, Lake
Elsinore, 92530
Inside Mall - Room 154A
11:00 am to 4:00 pm

Procedures: 18

Mira Mesa

Tuesday, July 12, 2016

O's American Kitchen
10673 Westview Parkway,
Mira Mesa, 92126
Parking Lot
1:30 pm to 6:30 pm
Procedures: 27

Mission Valley

Tuesday, July 26, 2016

Wawanesa General Insurance
Company
9050 Friars Rd., Mission
Valley, 92108
Parking Lot
8:00 am to 1:30 pm
Procedures: 24

Pacific Beach

Wednesday, July 6, 2016

SeaWorld San Diego
SeaWorld San Diego, Pacific
Beach, 92109
West Security Parking Lot
9:00 am to 3:00 pm
Procedures: 42

Thursday, July 7, 2016

Big O Tires
1106 Garnet Ave., Pacific
Beach, 92109
Parking Lot
12:30 pm to 6:00 pm
Procedures: 27

Rancho Bernardo

Thursday, July 14, 2016

Swinerton Builders
16798 West Bernardo Dr,
Rancho Bernardo, 92127
Parking Lot
9:00 am to 2:00 pm
Procedures: 27

Monday, July 25, 2016

Hawthorne Machinery
Company
16945 Camino San Bernardo,
Rancho Bernardo, 92127
Parking Lot
9:00 am to 2:00 pm
Procedures: 24

Wednesday, July 27, 2016

Sony Electronics Inc.
16535 Via Esprillo, Rancho
Bernardo, 92127
Visitor's Parking Lot
12:30 pm to 3:00 pm
Procedures: 12

Tuesday, August 2, 2016

Hewlett-Packard Company
16399 West Bernardo Drive,
Rancho Bernardo, 92127
Parking Lot
8:30 am to 2:00 pm
Procedures: 25

Rancho Penasquitos

Wednesday, July 20, 2016

Intuit
7555 Torrey Santa Fe Road,
Rancho Penasquitos, 92129
Mobile located on west side
service road btwn Bldgs 2 & 3
9:00 am to 2:30 pm
Procedures: 30

San Diego

Wednesday, July 27, 2016

SSC Pacific
Strothe Road, San Diego,
92152
Parking Lot - Bayside
8:00 am to 1:00 pm
Procedures: 25

SSC Pacific
Parking Lot near Badge Office,
San Diego, 92152

Topside
9:00 am to 2:00 pm
Procedures: 34

Thursday, July 28, 2016

SSC Pacific
Parking Lot near Badge
Office, San Diego, 92152
Topside
9:00 am to 2:00 pm
Procedures: 34

San Marcos

Sunday, July 17, 2016

Saint Mark's Parish
1147 Discovery St., San
Marcos, 92069
Parking Lot
9:00 am to 2:30 pm
Procedures: 35

Scripps Ranch

Wednesday, July 13, 2016

Balfour Beatty Construction
10620 Treena Street, Scripps
Ranch, 92131
Parking Lot
10:00 am to 3:00 pm
Procedures: 24

Sorrento Valley

Wednesday, July 20, 2016

Leidos
10260 Campus Point Drive,
Sorrento Valley, 92121
Parked on the street in front
of the Main Building
9:00 am to 2:30 pm
Procedures: 24

Thursday, July 28, 2016

Sorrento Towers North
5355 Mira Sorrento Place,
Sorrento Valley, 92121
Training Room 2nd Floor
10:00 am to 3:30 pm
Procedures: 24

Temecula

Monday, July 11, 2016

Claim Jumper
29540 Rancho California Road,
Temecula, 92591
Parking Lot
2:00 pm to 7:00 pm
Procedures: 30

Saturday, July 16, 2016

Claim Jumper
29540 Rancho California Road,
Temecula, 92591
Parking Lot
9:00 am to 2:00 pm
Procedures: 30

University City

Tuesday, July 12, 2016

Mitchell International
6220 Greenwich Drive,
University City, 92122
Parking Lot
9:00 am to 2:30 pm
Procedures: 33

Saturday, July 16, 2016

The Marketplace
3202 Governor Dr, University
City, 92122
Parking Lot
8:00 am to 1:30 pm
Procedures: 30

Wednesday, July 20, 2016

Illumina
5200 Illumina Way, University
City, 92122
Parking Lot in front of Building 1
10:00 am to 3:00 pm
Procedures: 24

DPR Construction
5010 Shoreham Place,
University City, 92122
Parking Lot
9:00 am to 2:00 pm
Procedures: 24

Mobiles by Date

Friday, July 1, 2016

Outlets of Lake Elsinore
17600 Collier Ave, Lake
Elsinore, 92530
Outlets of Lake Elsinore Inside
Mall Room 154A
11:00 am to 4:00 pm
Procedures: 15

Saturday, July 2, 2016

Outlets of Lake Elsinore
17600 Collier Ave, Lake
Elsinore, 92530
Inside Mall Room 154A
11:00 am to 4:00 pm
Procedures: 18

Magdalena Ecke Family YMCA
200 Saxony Rd., Encinitas,
92024

Parking lot
9:00 am to 2:00 pm
Procedures: 22

Sunday, July 3, 2016

Outlets of Lake Elsinore
17600 Collier Ave, Lake
Elsinore, 92530
Inside Mall Room 154A
11:00 am to 4:00 pm
Procedures: 18

Wednesday, July 6, 2016

SeaWorld San Diego
SeaWorld San Diego, Pacific
Beach, 92109
West Security Parking Lot
9:00 am to 3:00 pm
Procedures: 42

Olivenhain Water District
1966 Olivenhain Road,
Encinitas, 92024
Parking Lot Parking Lot
9:00 am to 2:00 pm
Procedures: 24

Thursday, July 7, 2016

Big O Tires
1106 Garnet Ave., Pacific
Beach, 92109
Parking Lot
12:30 pm to 6:00 pm
Procedures: 27

Saturday, July 9, 2016
Starbucks Coffee
4227 Genesee Avenue,
Clairemont, 92117
Parking lot
8:00 am to 1:30 pm
Procedures: 36

Monday, July 11, 2016
Claim Jumper
29540 Rancho California Road,
Temecula, 92591
Parking Lot
2:00 pm to 7:00 pm
Procedures: 30

Tuesday, July 12, 2016
O's American Kitchen
10673 Westview Parkway, Mira
Mesa, 92126
Parking Lot
1:30 pm to 6:30 pm
Procedures: 27

Mitchell International
6220 Greenwich Drive,
University City, 92122
Parking Lot
9:00 am to 2:30 pm
Procedures: 33

Wednesday, July 13, 2016
Balfour Beatty Construction
10620 Treena Street, Scripps
Ranch, 92131
Parking Lot
10:00 am to 3:00 pm
Procedures: 24

Thursday, July 14, 2016
Swinerton Builders
16798 West Bernardo Dr,
Rancho Bernardo, 92127
Parking Lot

9:00 am to 2:00 pm
Procedures: 27

Saturday, July 16, 2016
The Marketplace
3202 Governor Dr, University
City, 92122
Parking Lot
8:00 am to 1:30 pm
Procedures: 30

Claim Jumper
29540 Rancho California
Road, Temecula, 92591
Parking Lot
9:00 am to 2:00 pm
Procedures: 30

Sunday, July 17, 2016
Saint Mark's Parish
1147 Discovery St., San
Marcos, 92069
Parking Lot
9:00 am to 2:30 pm
Procedures: 35

Tuesday, July 19, 2016
Magdalena Ecke Family
YMCA
200 Saxony Rd., Encinitas,
92024, Parking lot
1:00 pm to 6:30 pm
Procedures: 24

Callaway Golf
2180 Rutherford Road,
Carlsbad, 92008
Eastside
10:00 am to 3:30 pm
Procedures: 25

Wednesday, July 20, 2016
Cubic Corporation
9333 Balboa Ave, Kearny
Mesa, 92123
Parking Lot
8:00 am to 1:30 pm
Procedures: 30

Intuit
7555 Torrey Santa Fe Road,

Rancho Penasquitos, 92129
Mobile located on west side
service road btwn Bldgs 2 & 3
9:00 am to 2:30 pm
Procedures: 30

Leidos
10260 Campus Point Drive,
Sorrento Valley, 92121
Parked on the street in front of
the Main Building
9:00 am to 2:30 pm
Procedures: 24

Illumina
5200 Illumina Way, University
City, 92122
Parking Lot in front of Building 1
10:00 am to 3:00 pm
Procedures: 24

DPR Construction
5010 Shoreham Place,
University City, 92122
Parking Lot
9:00 am to 2:00 pm
Procedures: 24

Monday, July 25, 2016
Hawthorne Machinery
Company
16945 Camino San Bernardo,
Rancho Bernardo, 92127
Parking Lot
9:00 am to 2:00 pm
Procedures: 24

Tuesday, July 26, 2016
Raytheon Integrated Defense
Systems
8680 Balboa Avenue, Kearny
Mesa, 92123
Parking Lot
9:00 am to 2:30 pm
Procedures: 18

Wawanesa General Insurance
Company
9050 Friars Rd., Mission Valley,
92108
Parking Lot

8:00 am to 1:30 pm
Procedures: 24

Rady Children's Hospital
3020 Children's Way, Kearny
Mesa, 92123
Parked by Main Entrance near
McDonald's
9:00 am to 2:30 pm
Procedures: 24

Wednesday, July 27, 2016

Sony Electronics Inc.
16535 Via Esprillo, Rancho
Bernardo, 92127
Visitor's Parking Lot
12:30 pm to 3:00 pm
Procedures: 12

Saint John's Catholic Church
1001 Encinitas Blvd.,
Encinitas, 92024
Parking Lot
1:30 pm to 6:30 pm
Procedures: 25

San Diego Gas & Electric
Company
8326 Century Park Ct.,
Kearney Mesa, 92123
Location: Building #6
Seminar Rooms
9:00 am to 2:30 pm
Procedures: 36

Civic Center Plaza
1200 Third Ave, Downtown
San Diego, 92101
Parked On Third Avenue
9:30 am to 3:00 pm
Procedures: 25

SSC Pacific
Strothe Road, San Diego,
92152
Parking Lot Bayside
8:00 am to 1:00 pm
Procedures: 25

SSC Pacific
Parking Lot near Badge

Office, San Diego, 92152
Topside
9:00 am to 2:00 pm
Procedures: 34

Thursday, July 28, 2016

Saint John's Catholic Church
1001 Encinitas Blvd.,
Encinitas, 92024
Parking Lot
1:30 pm to 6:30 pm
Procedures: 25

Jack In The Box, Inc.
9330 Balboa Ave., Kearny
Mesa, 92123
Parking Lot
9:00 am to 2:30 pm
Procedures: 24

Sorrento Towers North
5355 Mira Sorrento Place,
Sorrento Valley, 92121
Training Room 2nd Floor
10:00 am to 3:30 pm
Procedures: 24

SSC Pacific
Parking Lot near Badge
Office, San Diego, 92152
Topside
9:00 am to 2:00 pm
Procedures: 34

Friday, July 29, 2016

Saint John's Catholic Church
1001 Encinitas Blvd.,
Encinitas, 92024
Parking Lot
1:30 pm to 6:30 pm
Procedures: 25

Saturday, July 30, 2016

Monroe Property
9158 Fletcher Parkway,
La Mesa, 91942
Parking Lot
11:00 am to 4:30 pm
Procedures: 25

VG. Donut & Bakery

106 Aberdeen Dr., Cardiff,
92007
Parked off Aberdeen Drive
7:30 am to 12:30 pm
Procedures: 24

Tuesday, August 2, 2016

Hewlett Packard Company
16399 West Bernardo Drive,
Rancho Bernardo, 92127
Parking Lot
8:30 am to 2:00 pm
Procedures: 25

Wednesday, August 3, 2016

Cymer, Inc
17075 Thornmint Ct, Rancho
Bernardo, 92127
Learning Center A/B
10:00 am to 3:00 pm
Procedures: 30

Thursday, August 4, 2016

City of Encinitas
505 S. Vulcan Avenue,
Encinitas, 92024
Parking Lot
9:30 am to 2:30 pm
Procedures: 24

Friday, August 5, 2016

Victory Team Apparel
12375 World Trade Dr, Rancho
Bernardo, 92128
Parking Lot
11:00 am to 4:00 pm
Procedures: 24



LIVE WELL
SAN DIEGO

5K

in partnership with



San Diego Blood Bank

5K Walk/Run Flyer Distribution.

- ♦ **Monday, July 4, 2016— 8:00am – 10:00am**
Coronado, Tidelands Park
- ♦ **Sunday, July 10, 2016 —8:00am – 10:00am**
Waterfront Park
1600 Pacific Hwy
San Diego, CA 92101
- ♦ **Saturday, July 16, 2016— 9:30 A.M. - 11:30am**
Hillcrest— University Avenue at Centre Street
- ♦ **Saturday, July 23, 2016 – 6:00pm – 8:00pm**
Cabrillo National Monument
1800 Cabrillo Memorial Drive San Diego, CA 92106
- ♦ **Sunday, July 24, 2016 7:00am – 9:00am**
Qualcomm Stadium/Mission Valley

Distribute flyers for our 5K Walk/Run at the Walk/Runs above. If you are interested in helping us out, contact Mayra for more information! Contact her at mhernandez@bloodbank.org or at 619-400-8214

Health Fair Opportunity

When: Thursday, July 21st, 2016—11:30am– 1:30pm

Location: Wawanesa Insurance- 9050 Friars Rd., San Diego, CA 92108

Event Location: Indoor Training Rooms— 3rd Floor of bldg. 9040 Friars Rd. (next to 9050 bldg.)

Great opportunity to promote and sign up donors to their drive on July 26.