LOCAL BLOOD DONOR TO DONATE 95TH GALLON OF BLOOD

WHAT: Dedicated blood donor John Howard will donate his 95th gallon of blood.

WHEN: Tuesday, April 12, 2022. John’s appointment to donate blood is 12:30 p.m. (note – actual donation could start 20+ minutes after appointment time)

WHERE: San Diego Blood Bank headquarters, 3636 Gateway Center Avenue, Suite 100, San Diego, CA 92102.

NOTES: For over 20 years, John has devoted his time and efforts as a blood donor, financial supporter, and volunteer of San Diego Blood Bank.

John is a dedicated platelet donor who has donated at San Diego Blood Bank since 2001 with a total of 402 donations to date, saving up to 1,200 lives. Platelets are blood cells that help control bleeding. Patients undergoing bone marrow transplants, surgeries, chemotherapy, radiation, or organ transplants often need platelets to survive.

John is also a 20-year financial donor who supported the purchase of new equipment and supplies critical to San Diego Blood Bank’s Blood Collection Program and Public Cord Blood Bank. Additionally, John has put in many hours as a volunteer for San Diego Blood Bank since he began in 2006.

Appointments are encouraged, walk-ins are welcome. Appointments available at www.sandiegobloodbank.org or by calling 619-400-8251.

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