



MEDIA EVENT ADVISORY – SUNDAY, JULY 29, 2018

MEDIA CONTACT (not for publication or broadcast):

San Diego Blood Bank

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5th ANNUAL LIVE WELL SAN DIEGO 5K AND KIDS 1-MILE FUN RUN SET FOR JULY 29

WHO: San Diego Blood Bank and County of San Diego host

WHAT: Live Well San Diego 5K and Kids 1-Mile Fun Run, benefitting the San Diego Blood Bank.

Beautiful 5K walk/run along San Diego Bay, post-race expo celebrating everyday heroes, blood drive and fun for all ages. More information available at LiveWellSD5K.com.

WHEN: Sunday, July 29, 2018; registration at 6:00 AM, 5K at 7:30 AM. Kids Fun-Run at 8:15 AM, followed by post-race expo. On-site blood drive, 7:30 a.m. – 1 p.m.

WHERE: County Administration Building's Waterfront Park, 1600 Pacific Highway, San Diego, CA 92101.